

Introduction to R

Research Methods and Skills

12/10/2021

Who are we?

Dr Matt Craddock



Sarah Swift Building Room 2226
mcraddock@lincoln.ac.uk

Dr Tochukwu Onwuegbusi



Sarah Swift Building Room 2211
tonwuegbusi@lincoln.ac.uk

Replicability and reproducibility


Scientists Replicated 100 Psychology Studies, and Fewer Than Half Got the Same Results

The massive project shows that reproducibility problem plagues top scientific journals


A question of trust: fixing the replication crisis

The crisis of non-replications in experimental social psychology is a crisis of trust. What's the solution?

Power failure: why small sample size undermines the reliability of neuroscience

Katherine S. Button, John P. A. Ioannidis, Claire Mokrysz, Brian A. Nosek, Jonathan Flint, Emma S. J. Robinson & Marcus R. Munafò 

Nature Reviews Neuroscience **14**, 365–376 (2013) | [Download Citation](#) 



Why Most Published Research Findings Are False

John P. A. Ioannidis

Published: August 30, 2005 • <https://doi.org/10.1371/journal.pmed.0020124>



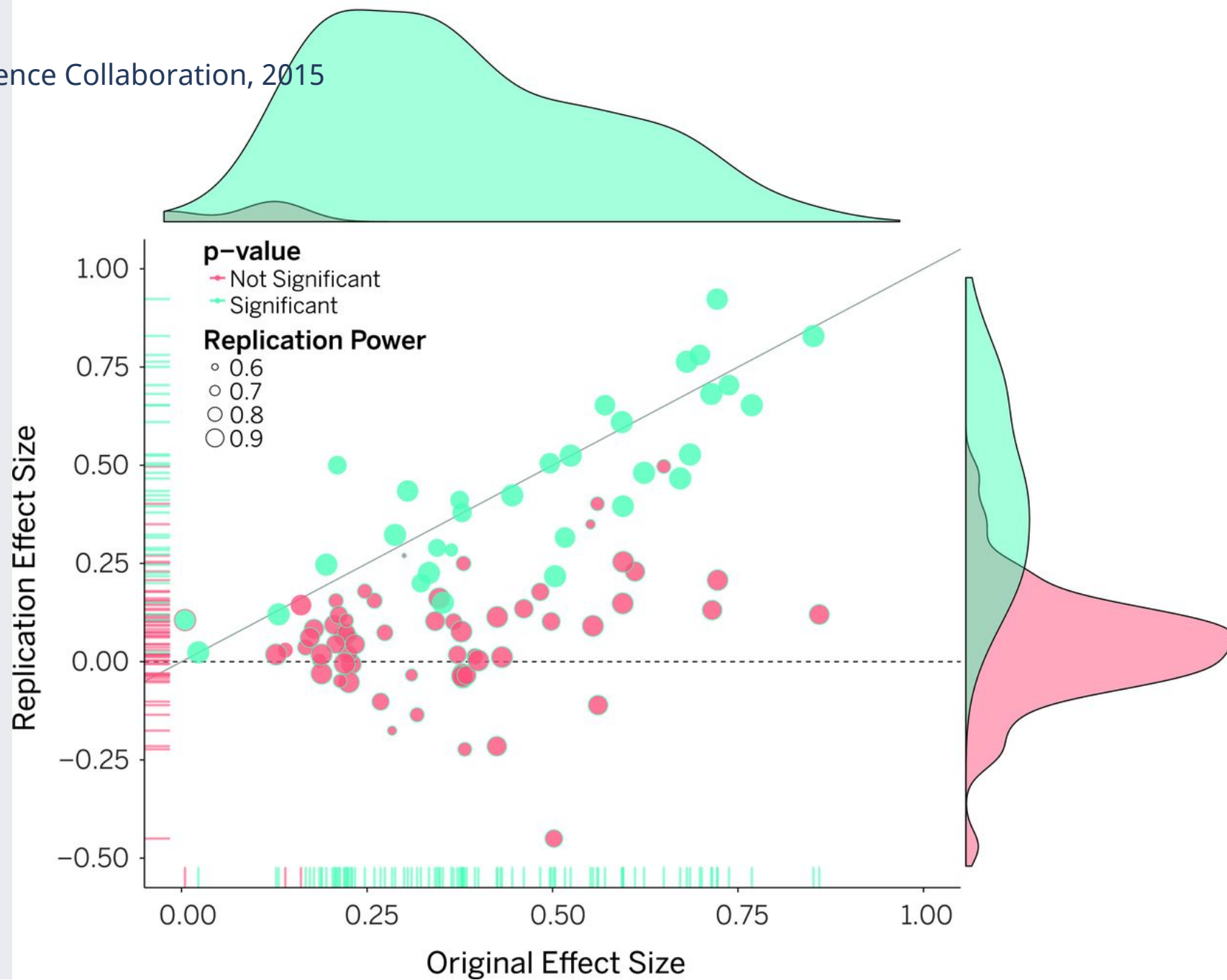
RESEARCH ARTICLE

Estimating the reproducibility of psychological science

Open Science Collaboration*[†]

+ See all authors and affiliations

Science 28 Aug 2015:
Vol. 349, Issue 6251, aac4716
DOI: 10.1126/science.aac4716



Scenario A

You've just started work in a psychology lab. You're asked to help analyse some old data. There is reaction time data from 50 participants. Each participant's data is stored in a separate text file.

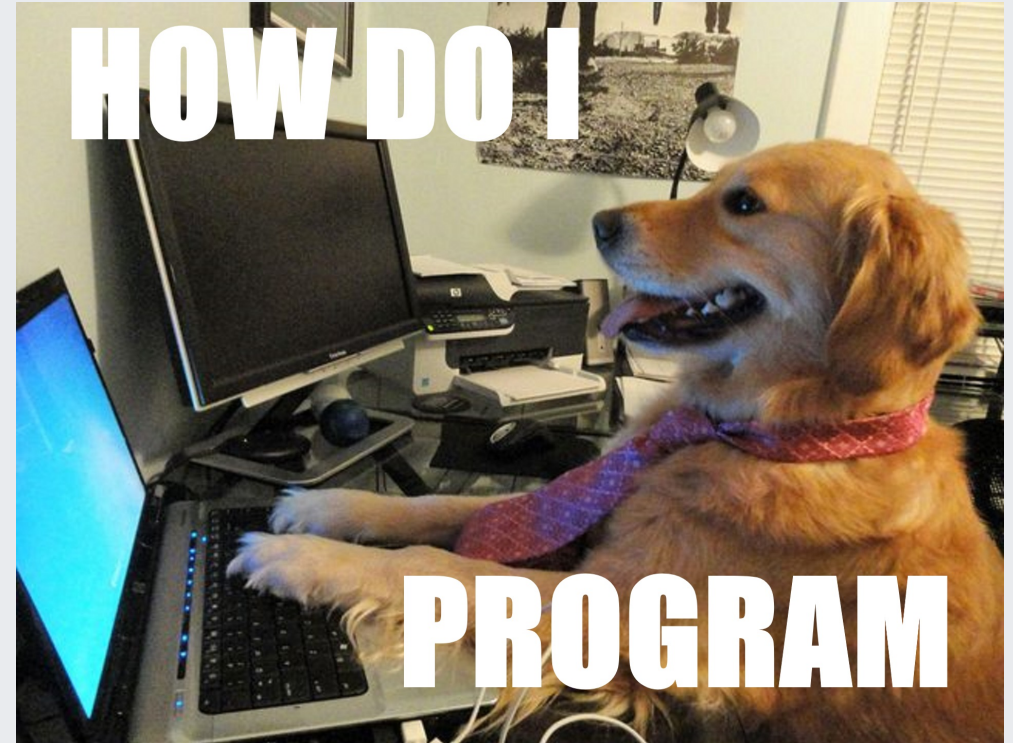
- How do you combine the data from each participant together to be able to analyse the data?
- It turns out some of the participants only completed part of the experiment - which ones, and what should you do with their data?
- What steps should you take to select and perform appropriate statistical analysis?

Scenario B

You've been asked to design, implement, and evaluate a new treatment regime across several psychiatric institutes. Several colleagues are skeptical that it can deliver the kind of improvements in outcomes indicated in a publication describing the method.

- How do you interpret the strength of the previously published evidence?
- How do you design a rigorous test of the treatment efficacy?
- How do you evaluate and report on the outcomes of your trial?

Research Methods and Skills



Course outline

Weeks 1-5

- Introduction to R
- Basic R programming
- Plotting with ggplot2
- Data import, selection and manipulation
- Describing and summarising your data

Weeks 11-13

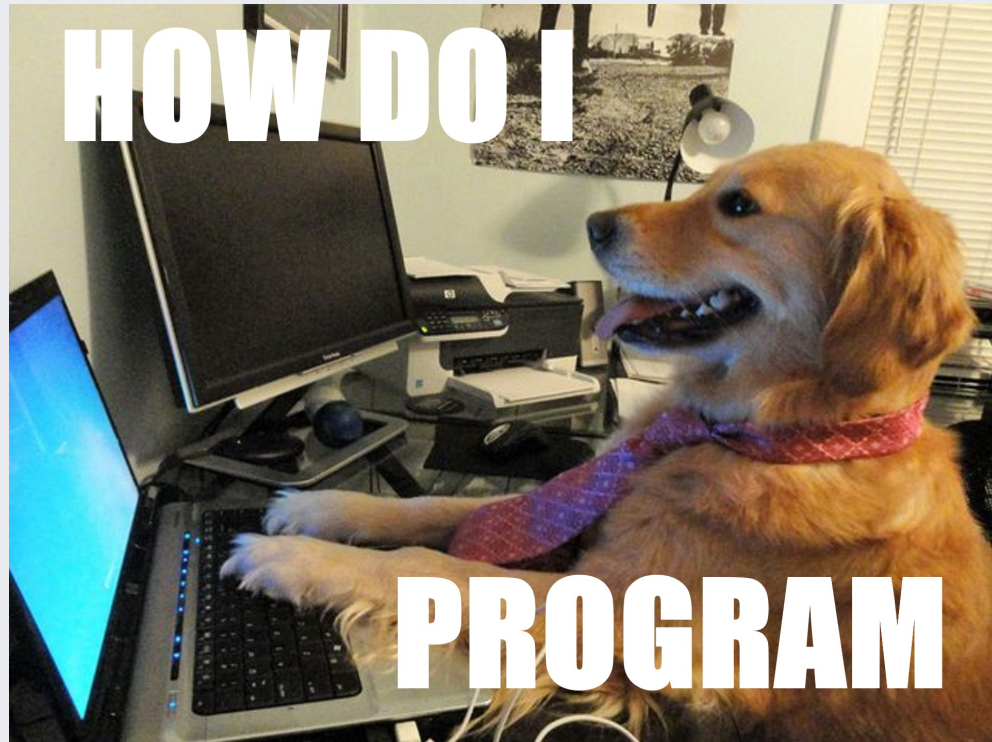
- Qualitative methods

Weeks 5, 7-10

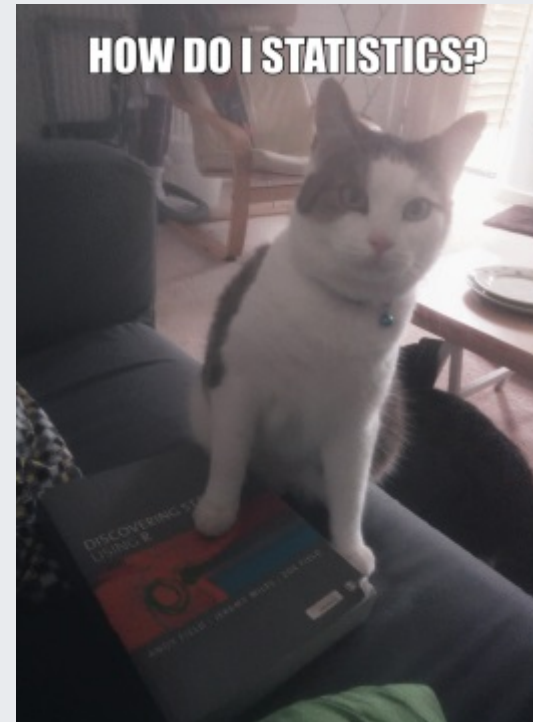
- Hypothesis testing and estimation
- *t*-tests and comparing two groups
- Correlation and linear regression
- One-way ANOVA
- Factorial ANOVA

Course outline

Weeks 1-5

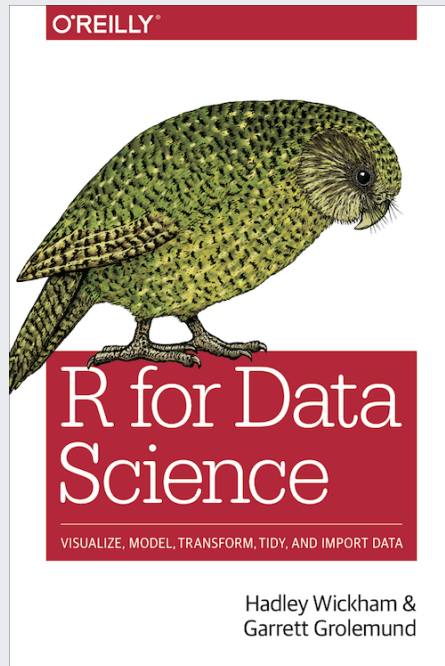


Weeks 5, 7-10

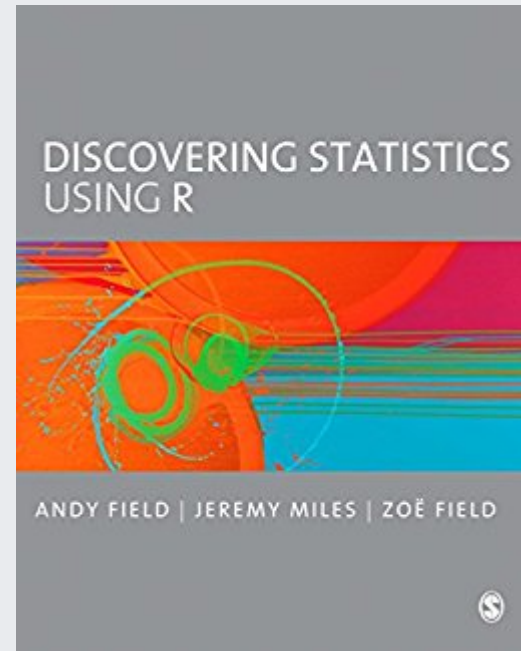


Course outline

Weeks 1-5



Weeks 5-10



How it's going to work

Each week you'll be provided with a set of pre-recorded videos introducing the core topics for that week.

Most weeks you will be provided with some exercises to work on.

In timetabled sessions we will spend the first hour going over the week's exercises. In the second hour, you can spend the time working together on the exercises, and we'll be available to help out.

If you get stuck **ask us!**

Introduction to R and RStudio

What is R?

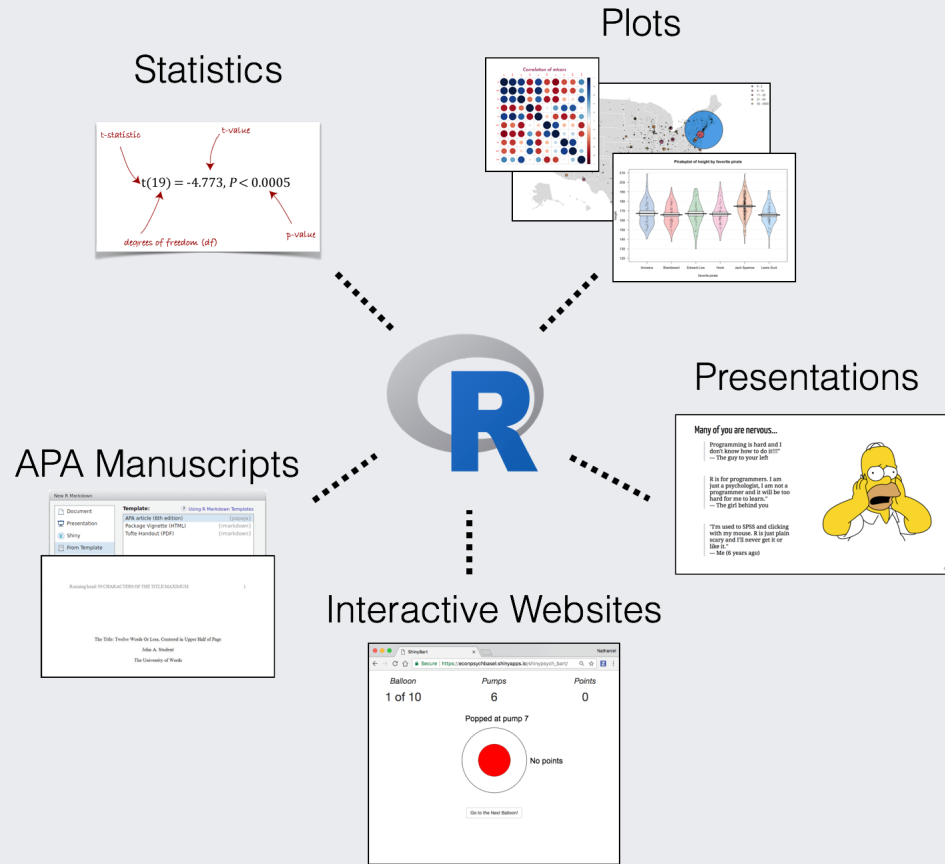


R is a statistical, mathematical programming language

- Created in 1993
- Designed from the ground up to support many statistical tasks
- Covers all aspects of data analysis from import through to production of reports
- Free, open source
 - Can be downloaded from the R-project website
- Continually evolving
 - R has over 12,000 *packages* that add additional functions

But WHY?

What can you do with R?

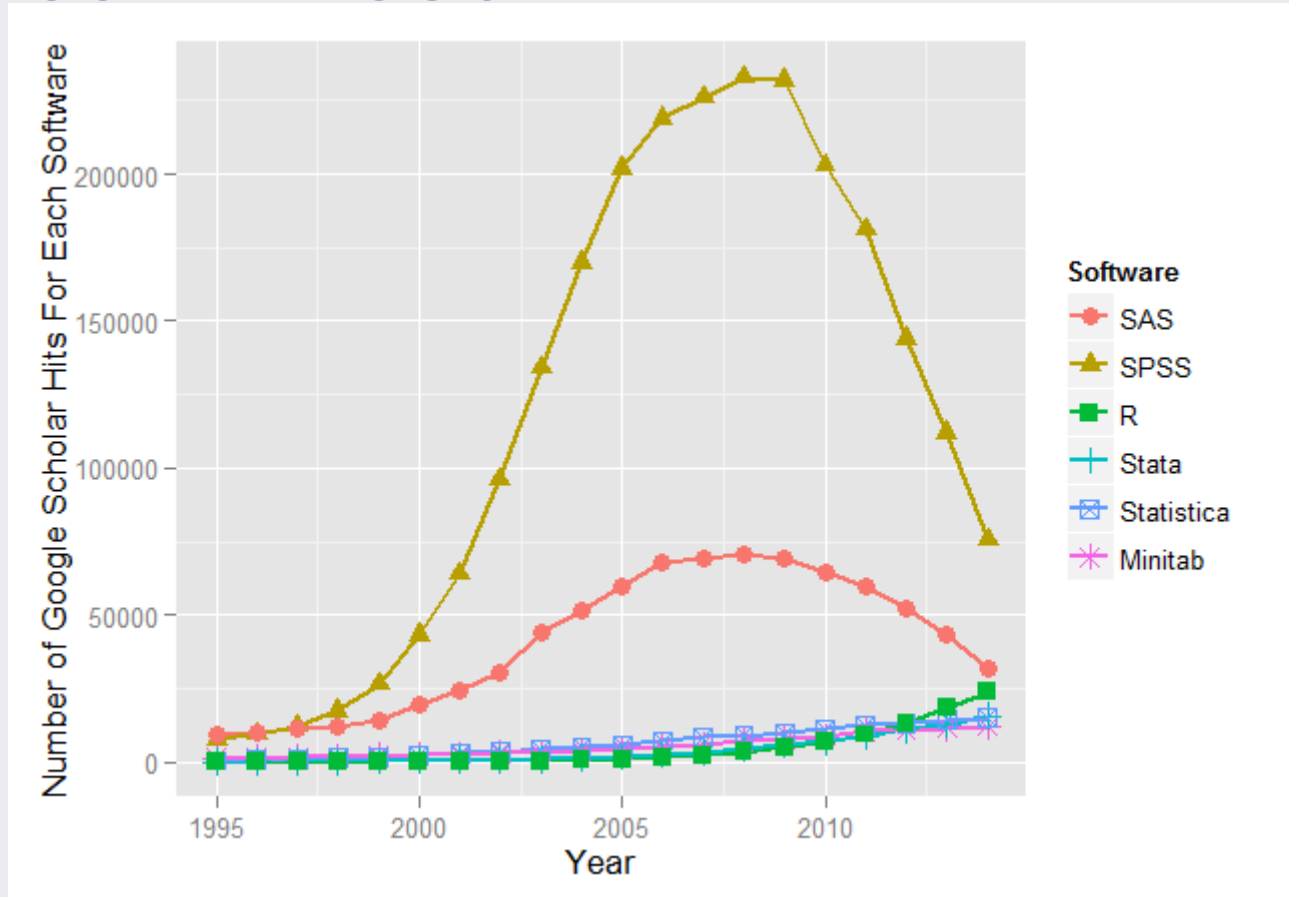


Source: N. D. Phillips

Companies that use R for Analytics



Still not convinced?

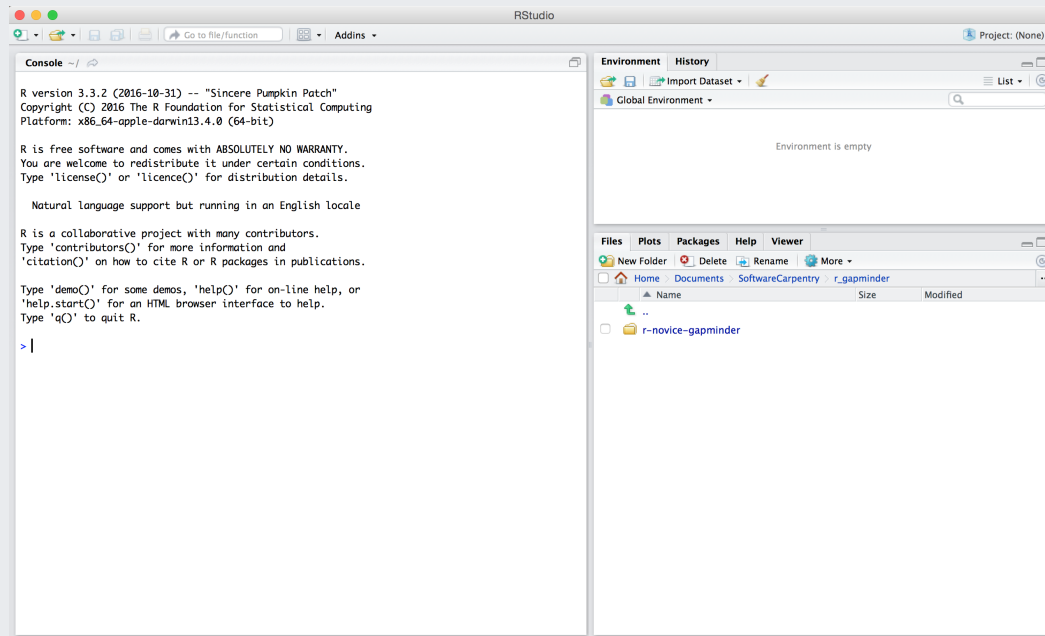


Getting started

What is RStudio?

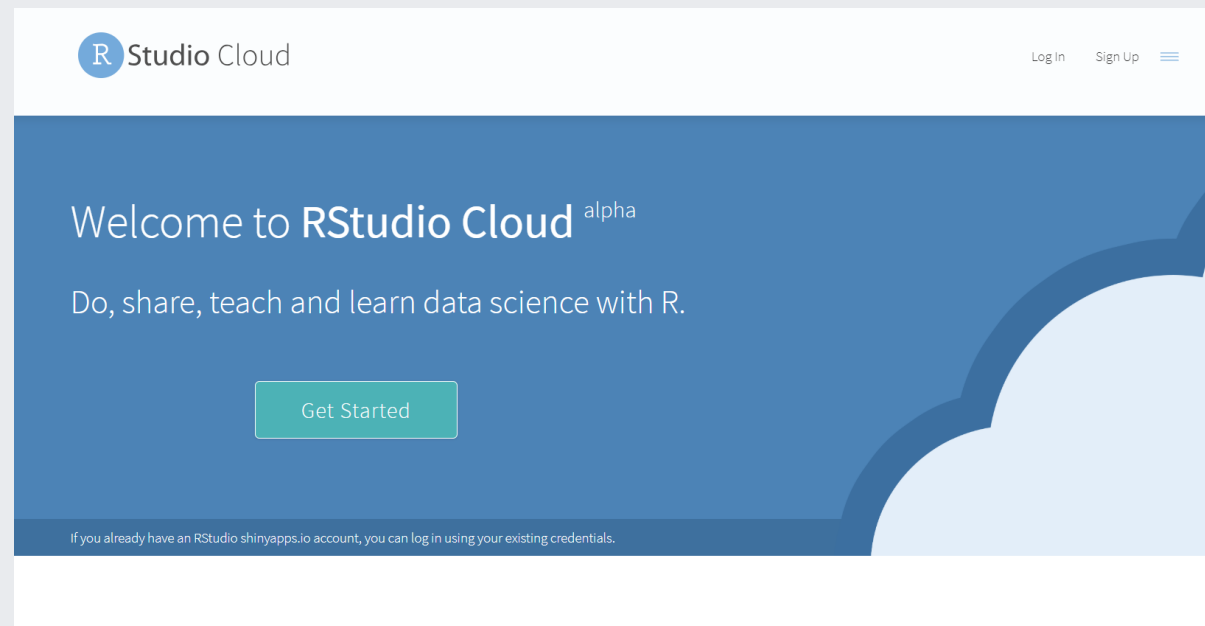


- An **Integrated Development Environment (IDE)**
- An interface for R that makes your life much, much easier
- Makes many things explicit that you would otherwise have to guess



Getting started TODAY

1. Open up a web browser
2. Go to <https://rstudio.cloud>
3. Sign up! Use your REAL NAME, and your University of Lincoln email address.





Spaces

Your Workspace

PSY9219M; Research Methods

+ New Space

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Search Projects



Sort Projects

By name

By date created

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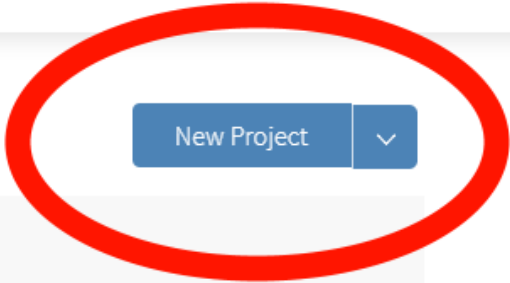
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No Projects

Options



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Sort Projects

By name

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Go to file/function Addins

R 3.5.0

Console Terminal x Jobs x

/cloud/project/

```
R version 3.5.0 (2018-04-23) -- "Joy in Playing"
Copyright (C) 2018 The R Foundation for Statistical Computing
Platform: x86_64-pc-linux-gnu (64-bit)
```

```
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```

```
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Type 'contributors()' for more information and
'citation()' on how to cite R or R packages in publications.
```

```
Type 'demo()' for some demos, 'help()' for on-line help, or
'help.start()' for an HTML browser interface to help.
Type 'q()' to quit R.
```

>

Environment History Connections

Import Dataset List

Global Environment

Environment is empty

Files Plots Packages Help Viewer

New Folder Upload Delete Rename More

Cloud > project

	Name	Size	Modified
	..		
<input type="checkbox"/>	.Rhistory	0 B	Sep 18, 2018
<input type="checkbox"/>	project.Rproj	205 B	Sep 18, 2018




```
R version 3.5.0 (2018-04-23) -- "Joy in Playing"
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> |
```

-  Install Packages...
-  Check for Package Updates...
- Version Control
- Shell...
- Terminal
- Addins
- Keyboard Shortcuts Help *Shift+Alt+K*
- Modify Keyboard Shortcuts...
- Project Options...
- Global Options...**

Environment is empty

Cloud > project			
	Name	Size	Modified
	..		
<input type="checkbox"/>	 .Rhistory	0 B	Sep 24, 2018, 11:53 AM
<input type="checkbox"/>	 project.Rproj	205 B	Sep 24, 2018, 12:29 PM

Console Terminal x Jobs x
/cloud/project/ ↗
R version 3.5.0 (2018-04-23) --
Copyright (C) 2018 The R Foundat
Platform: x86_64-pc-linux-gnu (6
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Type 'contributors()' for more i
'citation()' on how to cite R or
Type 'demo()' for some demos, 'h
'help.start()' for an HTML brows
Type 'q()' to quit R.
> |

Options

- General
- Code
- Appearance
- Pane Layout
- Packages
- R Markdown
- Sweave
- Spelling
- Git/SVN
- Publishing
- Terminal

RStudio theme: Modern

Editor Font size: 10

Editor theme: Ambiance, Chaos, Chrome, Clouds Midnight, Clouds, Cobalt, Crimson Editor, Dawn, Dracula, Dreamweaver, Eclipse, Idle Fingers, Katzenmilch, Kr Theme, Material

```
# plotting of R objects  
plot <- function(x, y, ...)  
{  
  if (is.function(x) &&  
      is.null(attr(x, "class")))  
  {  
    if (missing(y))  
      y <- NULL  
  
    # check for ylab argument  
    hasylab <- function(...)  
      !all(is.na(  
        pmatch(names(list(...)),  
                 "ylab")))  
  
    if (hasylab(...))  
      plot.function(x, y, ...)  
  
    else  
      plot.function(  
        x, y,  
        ylab = paste(  
          deparse(substitute(x)),  
          "(x)",  
          ...)  
      )  
  }  
  else  
    UseMethod("plot")  
}
```

OK Cancel Apply

nt is empty

er

Rename More

Size	Modified
0 B	Sep 24, 2018, 11:53 AM
205 B	Sep 24, 2018, 12:29 PM

How it works!

Spaces

Your Workspace

PSY9219M; Research Methods

+ New Space

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R 3.5.0

Console Terminal x Jobs x

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```

>

Environment History Connections

Import Dataset List

Global Environment

Environment is empty

Files Plots Packages Help Viewer

New Folder Upload Delete Rename More

Cloud > project

	Name	Size	Modified
	..		
	.Rhistory	0 B	Sep 18, 2018
	project.Rproj	205 B	Sep 18, 2018

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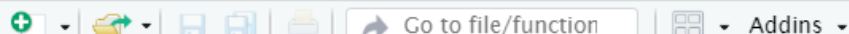
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R 3.5.0

Console Terminal x Jobs x

```
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>
```

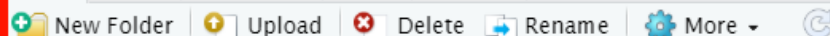
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 Import Dataset List

Global Environment

Environment is empty

Files Plots Packages Help Viewer

 New Folder Upload Delete Rename More

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	Name	Size	Modified
	..		
<input type="checkbox"/>	.Rhistory	0 B	Sep 18, 2018
<input type="checkbox"/>	project.Rproj	205 B	Sep 18, 2018

REPL

How to use R

- The R Console
 - REPL: Read/Evaluate/Print/Loop
 - Type stuff in, it tries to do it

When you see the > symbol -

```
>
```

... R is waiting for your input.

```
> 5  
[1] 5
```

Warming up

Try using R like a calculator!

Basic arithmetic operators

Symbol	Operation
+	addition
-	subtraction
*	multiplication
/	division
^	exponentiation
%%	modulo

Warming up

You can break up long maths expressions over multiple lines:

```
2 + 4 + 5 +  
5 + 6 + 7 + 8 +  
10
```

```
## [1] 47
```

Note that when you do that, the ">" symbol changes to a "+"

```
> 5 +  
+ 5  
[1] 10
```


Remember!

> means R is waiting for input.

```
>
```

+ means R is waiting for you to finish your command.

```
+
```

Either finish your command, or press the **Esc** key to cancel it.

Text input

R can also accept text strings as input.

```
"hello world!"  
[1] "hello world!"
```

You need to use quotation marks (") to tell R that this is text:

```
hello world!
```

```
## Error: <text>:1:7: unexpected symbol  
## 1: hello world  
##           ^
```

Otherwise, you'll receive an error like the one above.

Why is there an error?

In R, you can assign values to an **object** for subsequent use. **Objects** have names that are written as text.

The assignment operator is the two-character symbol:

```
<-
```

You assign values to objects by putting the <- sign between the name of the object and the value you want to give it:

```
example <- 5  
example
```

```
## [1] 5
```

Note that R does not immediately provide output when you assign the output to an object.

The assignment operator

Think of `<-` as meaning "is now". i.e.

```
example <- 5
```

can be read as

```
The object "example" is now 5
```

Working with objects

Once an object is assigned, the name that you gave it *stands in* for the *value* that you assigned to it, and can be used as if it were that value:

```
example
```

```
## [1] 5
```

```
example + 10
```

```
## [1] 15
```

```
example + 13 - 1 * 2 %% 4
```

```
## [1] 16
```

RStudio Cloud

https://rstudio.cloud/project/84901

Your Workspace / Untitled Project

File Edit Code View Plots Session Build Debug Profile Tools Help

Go to file/function Addins R 3.5.0

Console Terminal Jobs

/cloud/project/

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'help.start()' for an HTML browser interface to help.
Type 'q()' to quit R.

```
>  
> example <- 10  
> hi_there <- "hi there!"  
> hi_there  
[1] "hi there!"  
> example  
[1] 10  
> |
```

Environment History Connections

Global Environment

Values

example	10
hi_there	"hi there!"

Files Plots Packages Help Viewer

New Folder Upload Delete Rename More

Cloud > project

	Name	Size	Modified
	..		
<input type="checkbox"/>	.Rhistory	0 B	Sep 24, 2018, 11:53 AM
<input type="checkbox"/>	project.Rproj	205 B	Sep 24, 2018, 1:06 PM

Environment

File Edit Code View Plots Session Environment Plots Help

Go to file/function Addins

R 3.5.0

Console Terminal x Jobs x

/cloud/project/

```
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```

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```

```
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'help.start()' for an HTML browser interface to help.
Type 'q()' to quit R.
```

```
>
> example <- 10
> hi_there <- "hi there!"
> hi_there
[1] "hi there!"
> example
[1] 10
> |
```

Environment History Connections

Import Dataset

List

Global Environment

Values

example	10
hi_there	"hi there!"

Files Plots Packages Help Viewer

New Folder Upload Delete Rename More

Cloud > project

	Name	Size	Modified
↑	..		
☐	.Rhistory	0 B	Sep 24, 2018, 11:53 AM
☐	project.Rproj	205 B	Sep 24, 2018, 1:06 PM

RStudio Cloud

https://rstudio.cloud/project/84901

Studio Cloud

Your Workspace / Untitled Project

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Go to file/function Addins R 3.5.0

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```
>  
> example <- 10  
> hi_there <- "hi there!"  
> hi_there  
[1] "hi there!"  
> example  
[1] 10  
> |
```

Environment History Connections

```
example <- 10  
hi_there <- "hi there!"  
hi_there  
example
```

Files Plots Packages Help Viewer

	Size	Modified
<input type="checkbox"/> .Rhistory	0 B	Sep 24, 2018
<input type="checkbox"/> project.Rproj	205 B	Sep 24, 2018

History

Try it out!

Try a few things out!

1. Assign some values to objects using the assignment operator (<-)
2. Try using arithmetic operations (e.g. *, /, %%) on those objects
3. Try using arithmetic operations to combine multiple numerical objects
4. Try using arithmetic operations on text

Combining multiple things

Sometimes you want to allocate more than one value to an object. You can use the `c()` function to do this.

```
c(8, 5, 10)
```

```
## [1] 8 5 10
```

```
example <- c(8, 5, 10)  
example
```

```
## [1] 8 5 10
```

```
c("hello", "how", "are", "you")
```

```
## [1] "hello" "how" "are" "you"
```

IMPORTANT: BRACKETS () AFTER A WORD MEAN THAT THIS IS A FUNCTION

Vectors

The function `c()` is creating **vectors**.

Vectors are simply a one-dimensional collection of things that all have the same *type* (we will cover data types next week!).

Note that mixing, for example, text and numbers, will yield a *character* vector.

```
c(5, "five", 2)
```

```
## [1] "5" "five" "2"
```

Functions

Functions are commands that operate on **objects**.

For example, to calculate the *mean* of several numbers, you can use the function **mean()**. The output of functions can also be assigned to **objects** using **<-**.

```
mean(c(8, 5, 10))
```

```
## [1] 7.666667
```

```
example <- c(8, 5, 10)  
mean(example)
```

```
## [1] 7.666667
```

```
example_mean <- mean(example)  
example_mean
```

```
## [1] 7.666667
```

Try it out!

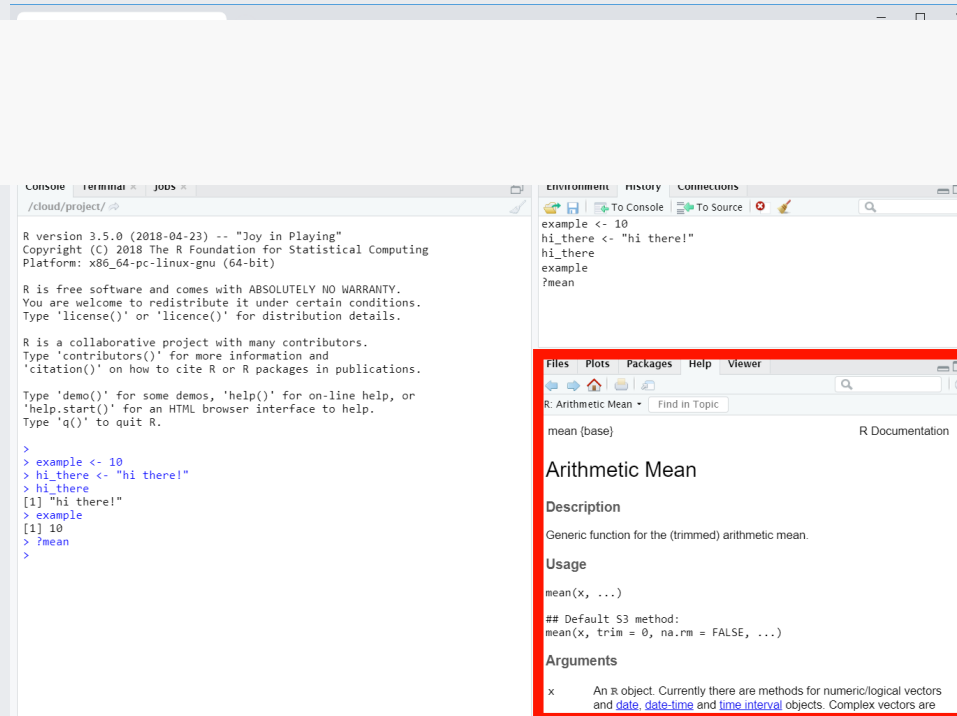
1. Use `c()` to create a vector of numbers.
2. Use `c()` to create a vector of strings.
3. Calculate the `mean()` of a vector of numbers.
4. Try guessing some other simple statistics (e.g. other types of *average*) that you can use.

Getting help

If you don't know how to use a function, R has built-in help!

There are several ways you can access it:

```
help("mean")  
?mean  
??mean
```



The screenshot shows the R Studio interface. On the left, the console displays the R version information and the execution of several R commands: `example <- 10`, `hi_there <- "hi there!"`, `hi_there`, `example`, and `?mean`. The output shows the value of `example` as 10. On the right, the R Documentation window is open, displaying the help page for the `mean` function. The help page includes the title "Arithmetic Mean", a description, usage instructions, and arguments. The `mean` function is described as a generic function for the (trimmed) arithmetic mean. The usage is `mean(x, ...)`. The default S3 method is `mean(x, trim = 0, na.rm = FALSE, ...)`. The arguments section indicates that `x` is an R object, currently with methods for numeric/logical vectors and `date`, `date-time`, and `time interval` objects. Complex vectors are also mentioned.

Packages

Packages are the key to R's versatility. Over 12000 are currently available from the **Comprehensive R Archive Network** - CRAN. The **install.packages()** function can be used to install packages.

Let's install the "cowsay" package. **cowsay** is an extraordinarily useful package, as you'll see.

One way to install the package is using the console:

```
install.packages("cowsay")
```

Once it's installed, use the **library()** function to load the package!

```
library(cowsay)
```

But **another** way to install is using the GUI!


```

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Type 'q()' to quit R.

>
> example <- 10
> hi_there <- "hi there!"
> hi_there
[1] "hi there!"
> example
[1] 10
> ?mean
> |

```

```

example <- 10
hi_there <- "hi there!"
hi_there
example
?mean

```

	Name	Description	Version
System Library			
<input type="checkbox"/>	boot	Bootstrap Functions (Originally by Angelo Canty for S)	1.3-20
<input type="checkbox"/>	class	Functions for Classification	7.3-14
<input type="checkbox"/>	cluster	"Finding Groups in Data": Cluster Analysis Extended Rousseeuw et al.	2.0.7-1
<input type="checkbox"/>	codetools	Code Analysis Tools for R	0.2-15
<input type="checkbox"/>	compiler	The R Compiler Package	3.5.0
<input checked="" type="checkbox"/>	datasets	The R Datasets Package	3.5.0
<input type="checkbox"/>	foreign	Read Data Stored by 'Minitab', 'S', 'SAS', 'SPSS', 'Stata', 'Systat', 'Weka', 'dBase', ...	0.8-70
<input checked="" type="checkbox"/>	graphics	The R Graphics Package	3.5.0
<input checked="" type="checkbox"/>	grDevices	The R Graphics Devices and Support for Colours and Fonts	3.5.0
<input type="checkbox"/>	grid	The Grid Graphics Package	3.5.0
<input type="checkbox"/>	KernSmooth	Functions for Kernel Smoothing Supporting Wand & Jones (1995)	2.23-15
<input type="checkbox"/>	lattice	Trellis Graphics for R	0.20-35
<input type="checkbox"/>	MASS	Support Functions and Datasets for Venables and Ripley's MASS	7.3-49

```
R version 3.5.0 (2018-04-23) -- "Joy in Playing"
Copyright (C) 2018 The R Foundation for Statistical Computing
Platform: x86_64-pc-linux-gnu (64-bit)

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Type 'demo()' for some demos, 'help()' for on-line help, or
'help.start()' for an HTML browser interface to help.
Type 'q()' to quit R.

>
> example <- 10
> hi_there <- "hi there!"
> hi_there
[1] "hi there!"
> example
[1] 10
> ?mean
> |
```

```
example <- 10
hi_there <- "hi there!"
hi_there
example
?mean
```

Install Packages

Install from: [? Configuring Repositories](#)
Repository (CRAN, RSPM) ▼

Packages (separate multiple with space or comma):

Library:

Install dependencies

Environment History Connections

es Help Viewer

Description	Version		
Bootstrap Functions (Originally by Angelo Canty for S)	1.3-20	⊕	⊗
Functions for Classification	7.3-14	⊕	⊗
"Finding Groups in Data": Cluster Analysis Extended Rousseeuw et al.	2.0.7-1	⊕	⊗
Code Analysis Tools for R	0.2-15	⊕	⊗
The R Compiler Package	3.5.0	⊕	⊗
<input checked="" type="checkbox"/> datasets	The R Datasets Package	3.5.0	⊕ ⊗
<input type="checkbox"/> foreign	Read Data Stored by 'Minitab', 'S', 'SAS', 'SPSS', 'Stata', 'Systat', 'Weka', 'dBase', ...	0.8-70	⊕ ⊗
<input checked="" type="checkbox"/> graphics	The R Graphics Package	3.5.0	⊕ ⊗
<input checked="" type="checkbox"/> grDevices	The R Graphics Devices and Support for Colours and Fonts	3.5.0	⊕ ⊗
<input type="checkbox"/> grid	The Grid Graphics Package	3.5.0	⊕ ⊗
<input type="checkbox"/> KernSmooth	Functions for Kernel Smoothing Supporting Wand & Jones (1995)	2.23-15	⊕ ⊗
<input type="checkbox"/> lattice	Trellis Graphics for R	0.20-35	⊕ ⊗
<input type="checkbox"/> MASS	Support Functions and Datasets for Venables and Ripley's MASS	7.3-49	⊕ ⊗

Try out the cowsay package

cowsay adds a function called **say()**. Load the function in as follows, and look at the help for **say()**.

```
## Warning: package 'cowsay' was built under R version 4.1.1
```

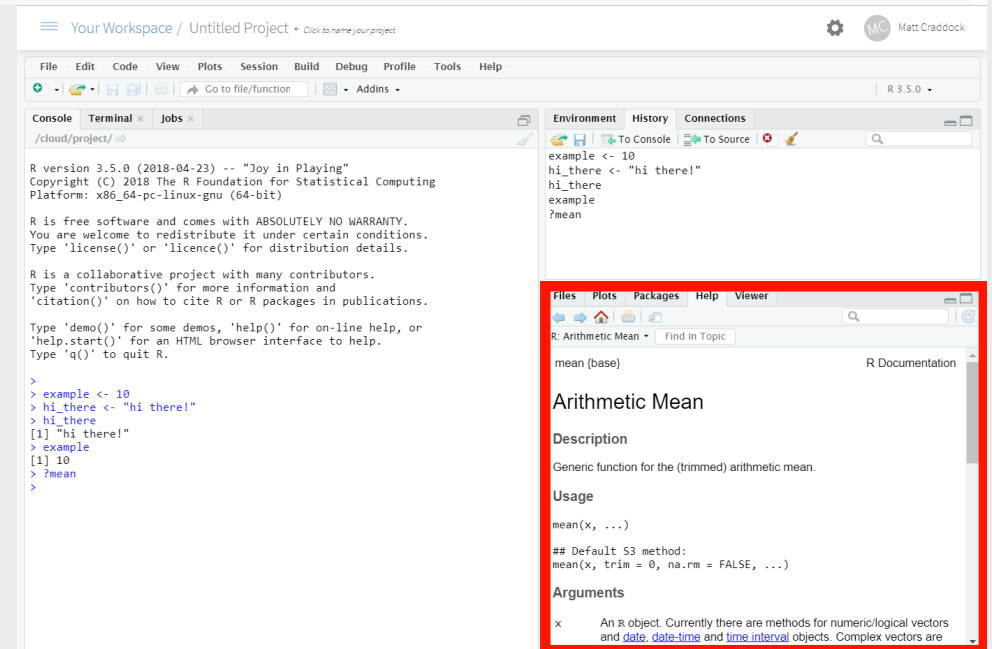
```
library(cowsay)
?say()
```

Remember that help appears in the bottom right window!

Look at **Usage** and **Arguments**

Usage is how to use the function.

Arguments are what the functions expect and understand.



The screenshot shows the RStudio interface. The main window displays the R console with the following output:

```
R version 3.5.0 (2018-04-23) -- "Joy in Playing"
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Platform: x86_64-pc-linux-gnu (64-bit)

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'help.start()' for an HTML browser interface to help.
Type 'q()' to quit R.

>
> example <- 10
> hi_there <- "hi there!"
> hi_there
[1] "hi there!"
> example
[1] 10
> ?mean
>
```

The bottom right window shows the help page for the **Arithmetic Mean** function. The page includes the following sections:

- Description:** Generic function for the (trimmed) arithmetic mean.
- Usage:**

```
mean(x, ...)
```
- Arguments:**
 - x:** An R object. Currently there are methods for numeric/logical vectors and [date](#), [date-time](#) and [time interval](#) objects. Complex vectors are

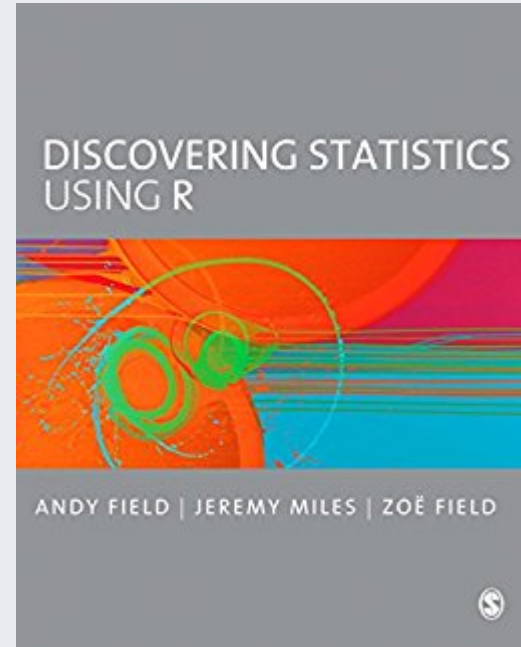
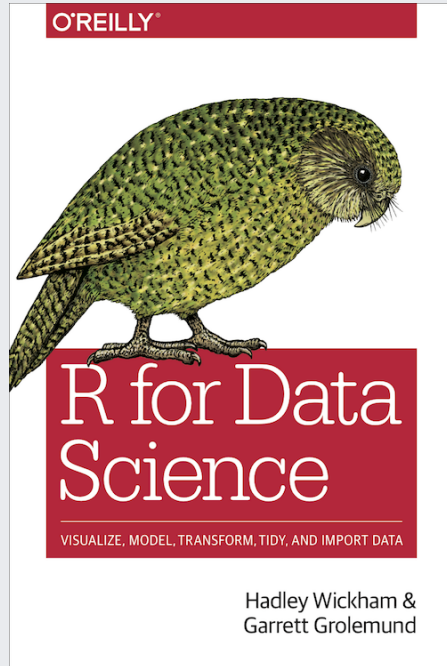
```
say(what = "Feed me, human.", by = "cat")
```

```
##
## -----
## Feed me, human.
## -----
## \
##  \
##   \
##    | \_ _ _ / |
##   ==) ^Y^ (==
##        ^
##       )=*(
##      /      \
##     /| | | | \
##    \| | | | - / \|
##   // - // - - - /
##          \_ )
##
```

Try out the say() function

1. Try a few different animals by changing the **by** argument
2. Change what the animals say by changing the **what** argument.
3. Assign the output to an object using the **<-** operator.
4. Print out the value that you assigned to the object.

Additional resources



There are copies of both these books in the library.

R for Data Science is available freely online at <http://r4ds.had.co.nz/>

An additional recommendation...

Hands-on Programming with R

Basic R programming book, also available for free online

<https://rstudio-education.github.io/hopr/index.html>



This week's goals

1. Download R and RStudio! You'll find links and instructions on Blackboard.
2. Read through Chapter 1 of R for Data Science
3. Try out some of the introductory things mentioned in the slides, just to get a feel for using RStudio!